

Week One		Requested Fruit and Veg
Monday	Popcorn Salad Bar: Feta, Chicken & Tuna	- Strawberries
Tuesday	Waffles & Salad Bar: Feta, Chicken & Tuna	
Wednesday	Yoghurt & Naan Bread	- Grapes
Thursday	Nacho Chips with salsa and cheese	
Friday	Cheese, Crackers & Chutney	
Breakfast: Normal breakfast items that are served daily are: Toast, Cereal, Porridge, Fruit		
Extra for this week:	Crumpets	

Week Two		Requested Fruit and Veg
Monday	Bagels & Low Fat Cream Cheese	
Tuesday	Crackers, Cheese + Chutney	- Mango
Wednesday	Pitta, Veg Sticks and Hummus	
Thursday	Rice and Poppadoms	- Pineapple
Friday	Fruit Scones	
Breakfast: Normal breakfast items that are served daily are: Toast, Cereal, Porridge, Fruit		
Extra for this week:	Bagels	

Week Three		Requested Fruit and Veg
Monday	Sandwiches - Cheese, Chicken, Tuna	
Tuesday	Spaghetti Hoops + Toast	
Wednesday	Fruit Jelly & Rice Cakes	- Melon
Thursday	Wraps Pizzas - Chicken, Cheese	
Friday	Yoghurt & Breadsticks	- Raspberries
Breakfast: Normal breakfast items that are served daily are: Toast, Cereal, Porridge, Fruit		
Extra for this week:	Yoghurt	

4th September	11th September	18th September	25th September	2nd October	9th October
Week 3	Week 1	Week 2	Week 3	Week 1	Week 2